



SCHAUMBURG JAYCEES

WHATEVER IT TAKES
Celebrating 45 Years 1966-2011



Feed My Starving Children

Chicago Rush Arena Football



Memorial Day Picnic



Schaumburg Jaycees Shout Out

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Message from President

**Nothing great was ever achieved without enthusiasm.
Ralph Waldo Emerson**

Take a moment and think about this quote....think of all the great moments you have experienced with the Jaycees. When you were doing something that has made an impact on you, how excited were you to be there at that moment? Our chapter is amazing and we have accomplished so much over the last 45 years. You have helped to make this chapter a success! You are the ones who will continue to make this chapter a success. Let's continue to get our enthusiasm up and make great things happen!



We had a great first trimester! Our May meeting Good of the Order was filled with awards from the Regional level! Congrats to all of our nominees and winners! (I have even more to share with you from the GA!!!!) You have rocked this first trimester! Keep it up!

We kicked off the projects this month with a social and had two new members join. Please welcome Barb and Doug Pelt! We are excited to have you join the chapter!

A week later, I attended Presenter Training. Do you ever get nervous speaking in front of a group of people? Do you ever worry about saying um or ah too much? Do you talk with your hands more than with your mouth? If you answered yes to any of those questions take Presenter Training! I could go on and on about how amazing this course is, but until you attend the course, you won't understand how much it will change the way you speak or view speaking in front of others. You'll never listen to someone speak the same way again. I'm ready to take the course again just because I want to keep improving myself. This is just another reason to add to the reasons I love being a Jaycee. I was given an opportunity to improve myself professionally and personally in one afternoon while spending time with absolutely amazing people!

We also attended a Rush game this month and had a blast! If you were not able to attend the event, consider joining us next time. It was so much fun!

The fun did not stop with the win at the Rush game, but continued to Feed My Starving Children! WOW, now that is an outstanding organization! Now you want to see enthusiasm? Come to the next project at Feed My Starving Children on Monday June 27th from 7:45-9:30.

Calendar of Events

June 8-12, 2011

Nationals
Chicago

June 13, 2011

General Meeting
Pilot Pete's

June 24-25, 2011

Relay for Life
Alexian Brothers Field
Schaumburg, IL
6:00 p.m. - 6:00 a.m.

Around the Region

June 30 - July 4, 2011

2011 Hometown Fest
Palatine
View more info

Birthdays

Sandi Fisher
Scott McGee
Barb Pelt

Anniversaries

Howard Manka
Mary Rose Tigulo

General Meeting

Pilot Petes

905 W Irving Park Rd
Schaumburg, IL 60193
P. 847-891-5100
<http://pilot-petes.com/>

Our annual hotdog roll at St. Peter's Church was also a huge success! Thanks to everyone who came out to help! We successfully fed over 400 attendees!

I look forward to seeing you all at the meeting on Monday, June 13th. Bring your enthusiasm

Christie
President

Treasurer

Relay for Life:

We will be selling chocolate this year again, with all proceeds going toward our Relay for Life walk June 24-25. If you would like to help us sell some chocolate, please see either Tami or I.



Other fund raisers coming this summer, so stay tuned.

If anyone one has any great fund raising ideas, or would like to raise money for their favorite charity, please feel free to contact me.

Thanks!

Sandi
Treasurer 2011

Membership Development

Many people ask me how much time is required to be a Jaycee. They are worried about joining because they don't have any more time to spare. However, what you put into it is what you get out of it. On May 25, 15 of us met at Feed My Starving Children and in less than 2 hours we helped to pack up enough meals to feed 19 starving children in this world for a year! 2 hours and we saved 19 children!

These children are going to grow up and be healthy because WE helped make a difference with another amazing organization. These children will grow up, be thankful for what has been given to them and they will turn around and make a difference. They could be come doctors and help those in their village, they could become leaders of their country and help make it a better place, they can become volunteers and help others in need because they know first hand what it means when someone takes the time to help them!

Trivia Question

Q. What did famed architect Frank Lloyd Wright reply when an important client called to complain that water on the roof of his newly completed house was leaking onto a dinner guest?

A. "Tell him to move his chair."

http://www.triviacountry.com/02_Arts.htm

Skin Cancer Prevention Guidelines

Seek the shade, especially between 10 AM and 4 PM.

Do not burn.

Avoid tanning and UV tanning booths.

Cover up with clothing, including a broad-brimmed hat and UV-blocking sunglasses.

Use a broad spectrum (UVA/UVB) sunscreen with an SPF of 15 or higher every day.

Apply 1 ounce (2 tablespoons) of sunscreen to your entire body 30 minutes before going outside. Reapply every two hours or immediately after swimming or excessive sweating.

Keep newborns out of the sun. Sunscreens should be used on babies over the age of six months.

<http://www.skincancer.org/Guidelines/>

All we gave was 2 short INCREDIBLY FUN hours out of our busy lives to help them become healthy children who will make a difference in this world!! If 2 hours is all you can give for a month you know you have made a difference! How cool is that?

So, when someone says to you I don't have time to join right now, ask him/her this...do you have 2 hours this month that you can spend helping another person? If they say "well, yeah" then invite them out to one of our projects. After they see how much fun it is, they will want to be a Jaycee and they will find the time to give back to others and grow as individuals!

California Grilled Veggie Sandwich

<http://allrecipes.com/Recipe/California-Grilled-Veggie-Sandwich/Detail.aspx>

Prep Time: 30 Min **Cook Time:** 20 Min **Ready In:** 50 Min

Ingredients

- 1/4 cup mayonnaise
- 3 cloves garlic, minced
- 1 tablespoon lemon juice
- 1/8 cup olive oil
- 1 cup sliced red bell peppers
- 1 small zucchini, sliced
- 1 red onion, sliced
- 1 small yellow squash, sliced
- 2 (4-x6-inch) focaccia bread pieces, split horizontally
- 1/2 cup crumbled feta cheese



Directions

1. In a bowl, mix the mayonnaise, minced garlic, and lemon juice. Set aside in the refrigerator.
2. Preheat the grill for high heat.
3. Brush vegetables with olive oil on each side. Brush grate with oil. Place bell peppers and zucchini closest to the middle of the grill, and set onion and squash pieces around them. Cook for about 3 minutes, turn, and cook for another 3 minutes. The peppers may take a bit longer. Remove from grill, and set aside.
4. Spread some of the mayonnaise mixture on the cut sides of the bread, and sprinkle each one with feta cheese. Place on the grill cheese side up, and cover with lid for 2 to 3 minutes. This will warm the bread, and slightly melt the cheese. Watch carefully so the bottoms don't burn. Remove from grill, and layer with the vegetables. Enjoy as open faced grilled sandwiches.

In the Spotlight

Name: Gina Pecoraro (2011 Web Master/Newsletter)

Reason(s) you joined the Jaycees:

Wanted to meet new people & volunteer in my community.

Favorite Jaycees moment:

Getting a big hug and thank you from a women when we were delivering Thanksgiving Food Baskets to her and her family. It was very rewarding!

Your favorite Jaycees project that you attended or chaired, and why:

Every year my favorite projects are Relay for Life, Special Olympics and my new one Feed My Starving Children. It lets me take a step back from my life and really appreciate what's important.

Projects you have chaired:

Heart of a Marine.

What charities do you support?

Special Olympics, American Cancer Society, American Lung Association, PETCO Charities, ASPCA, and GiGis Playhouse .

What are you passionate about?

Fitness, I have loved working out since High School it was one thing that has always been a constant in my life. I blame it on my dad who use to bring my brother and I to the gym with him while he worked out. Oh yeah and animals, especially pooches and cats! I have two of both.

If your house was on fire and you could grab only 3 things before leaving, what would they be?

Doug, Theus and Shadow.

Do you believe in ghosts?

Absolutely, I would love to see one eventually. Despite what the movies say I don't think they are all out to kill us!

If you could live anywhere in the world, where would you live?

Spain!

If you were to perform in the circus, what would you do?

A Vendor, I have no special talents, I am afraid of heights and I am not stupid enough to think I can train or control a wild animal such as a Lion or Elephant!!

Name 1 thing you miss about being a kid.

No responsibility! My mission in life was to play, eat and sleep...oohhh the life!

Healthy Living Contest

It's June and congratulations to everyone who participated in the Healthy Living contest. Please join us at the June General Meeting and find out who the big winner was!!

These past three months have been great, we have all gotten a chance to know each better and share our success and frustrations with diet and exercise. I have really enjoyed myself and I thank those of you who participated and made this group a success.

What is Next

Starting in June instead of a contest we will change to a walking group. What this means is that each week I will send an e-mail with the time and location of our walks then each week you can decide if you would like to join us. There is no commitment to join us every week, if you have the time terrific if not then hopefully you can squeeze it in the next weekend.

If you would like to be included in my weekly e-mails please let me know and I will add your name to the list.

Upcoming Events

Join Christie's team at the **Chicagoland VisionWalk** 5K hosted by Foundation for Fighting Blindness on Sunday, June 12 at Soldier Field. If you cannot participate, please consider making a donation.

Join Christie's team:

http://www.fightblindness.org/site/TR?px=1707961&pg=personal&fr_id=4041&et=ZC3BFF_nS-IzPxQyieWdgg.&s_tafId=33157

Join the Schaumburg Jaycees team for **Relay for Life** on June 24-25 at Alexian Brothers Field in Schaumburg. The relay takes place from 6:00 p.m. Friday night to 6:00 a.m. Saturday morning, let's see how many miles we can do around the track. I would love to try and stay all night this year, anyone care to join me?!

Join our Team:

http://main.acsevents.org/site/TR/RelayForLife/RFLFY11IL?pg=entry&fr_id=30663

Join us for **Alexian Brothers Fitness For America Sports Festival** Half Marathon, 10k or 5k Run/Walk on July 23, 2011 in Hoffman Estates. This race benefits Special Olympics which all know is a great cause. Visit their Web site for more information or e-mail me if you are interested in joining us.

Alexian Brothers Fitness For America Sports Festival Web site:

http://www.allcommunityevents.com/gfasf/gfasf_home.html

Have a great June and I look forward to seeing you at our weekly walks!!

Gina

The Who's Who of the Schaumburg Jaycees

Christie Martin	Chapter President	christiemartin820@gmail.com
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Sandi Fisher	Treasurer	sandifisher@gmail.com
Jennifer Sheridan	COB	jennifers1033@att.net
Gina Pecoraro	Chapter Webmaster/Newsletter	ginapecoraro@yahoo.com

Who are the Jaycees?

The Schaumburg Jaycees, a chapter of the United States Junior Chamber, is a leadership training organization that gives young people between the ages of 18 and 40 the tools they need to build the bridges of success for themselves in the areas of business development, management skills, individual training, community service, and international connections.

The Jaycee Creed

We believe... that faith in God gives meaning and purpose to human life;
 that the brotherhood of man transcends the sovereignty of nations;
 that economic justice can best be won by free men through free enterprise;
 that government should be of laws rather than of men;
 that earth's great treasure lies in human personality;
 and that service to humanity is **THE BEST WORK OF LIFE!**

