



SCHAUMBURG JAYCEES

WHATEVER IT TAKES
Celebrating 45 Years 1966-2011

Ravinia Festival, Picnic and Regional



Schaumburg Jaycees Shout Out

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Message from President

"For centuries men have kept an appointment with Christmas. Christmas means fellowship, feasting, giving and receiving, a time of good cheer, home." ~ W.J. Ronald Tucker

I know, I know Christmas quotes in October? Let's face it though; it's already in the stores and on our agenda! As I was thinking about what to write for the October newsletter, I was also working on chapter things that related to our upcoming holiday season. Think of it this way, we get to start getting excited about giving to others during the holiday season now and are able to enjoy it for the next few months. We don't have the stress of what do we buy for the person who has everything? We are blessed with the ability to give to those who need the most basic of gifts and food. So I invite you to think about what our chapter is able to do yearly to help those in need and get involved with these upcoming FUN and EXCITING projects! We need **YOUR** help to make the wishes of so many in our community come true!

The past few weeks have been exciting! We were able to make money at Septemberfest, which will help our holiday projects while pouring beer! What a great way to earn money. We also had a chapter picnic on a beautiful day. It allowed us to get together, enjoy each other's company and get to know each other better! It was a fabulous day. Thanks Emily for planning a great picnic! Earlier this month we also were invited back to roast corn for Spring Valley's Autumn Festival. If you have not been out to this event, you need to mark your calendars for next year. It's a fun and tasty event! We also had another successful WINGS project. Connie and Committee and Outback get a shout out for such an amazing event! Thank you to everyone who helped plan this project, promoted the event and attended the event! WINGS will be thrilled to receive the funds that were collected!

There are many more projects coming up during the next couple of months so make sure you are keeping an eye out for e-mails and updates!

Enjoy your Oktoberfests and Halloween goodies!

"Beer is living proof that God loves us and wants us to be happy."
Benjamin Franklin

Hold on, man. We don't go anywhere with "scary," "spooky," "haunted," or "forbidden" in the title. ~From Scooby-Doo

Christie

Calendar of Events

October 2, 2011

Spring Valley Corn Roast
Schaumburg

October 8, 2011

Outback Fund-raiser
Schaumburg

October 10, 2011

General Meeting
Pilot Pete's

October 12, 2011

Financial Seminar
Schaumburg

Birthdays

Mary Rose Tigulo

Anniversaries

Rachel Bloomberg
Evangalina Miranda

General Meeting

Pilot Petes

905 W Irving Park Rd
Schaumburg, IL 60193
P. 847-891-5100
<http://pilot-petes.com/>

** Tip Jar Wrap up **

Tip jar donations this year totaled up to \$1200.00 – and as we do every year, the Beer Booth chairpeople (for 2011, Jennifer McGee and Tami Curran) determine the distribution for these funds. This year, we had an extra special surprise – an AMAZING helping hand from our Associate member Debbi Passaglia – who through her hard work (thank you for putting up with me as we worked on this, Debbi!) and creativity was able to DOUBLE MATCH our donations for us!! What does that mean? We were able to donate \$3600.00 to AMAZING organizations this year!!!

THANK YOU to everyone who worked at the Regular and Associates beer booth this year to make this happen, and an extra special THANK YOU to Debbi! When was the last time you were able to donate \$3600.00?? See why it's GREAT to be a Schaumburg Jaycee? YOU make a DIFFERENCE!

\$300.00 - District 54 Special Olympics

\$300.00 - Special Olympics Young Athletes Program

\$525.00 - Camp New Hope (sponsoring a Camper for the 2012 season, hurrah!)

\$600.00 - American Cancer Society (in honor of Al Oswald and Jeff Milstein)

\$300.00 - Yellow Ribbon Support Group (sends care packages to our troops all over the world)

\$300.00 – Heart of a Marine

\$300.00 – Feed my Starving Children

\$300.00 - Schaumburg Township Food Pantry

\$300.00 - Almost Home Foundation (helping stray cats AND dogs in Schaumburg Township)

\$300.00 – WINGS (Women In Need Growing Stronger)

Checks are written and funds are distributed! What an amazing year!!

Thank you again to everyone who helped make the Beer Booth(s) and our Septemberfest weekend a success!

If you would like more info on any of the organizations above, please feel free to contact Jen, Tami or President Christie. There are always MORE ways to help!



Board Positions

Hey Schaumburg Jaycees – Time to think about 2012!

Nominations for the 2012 board opened at our October GM on 10/10. Congrats to the following individuals on stepping up to an exciting NEW opportunity!

Adam Mattson — Nominated for 2012 Membership Development VP

Ashley Sheridan — Nominated for 2012 Individual Development VP

Jennifer Sheridan — Nominated for 2012 State Director

Remember that nominations will remain open at our November GM on 11/14. Elections for the 2012 board will be held at the November GM as well. Is it time for YOU to step up? Here's some of 'Da Rules' for your education — straight from our own Constitution! (OK your CMVP added the 'fun' notes!!)

GENERAL

All nominated officers of this corporation shall be individual regular members in good standing, and shall not have reached forty-one (41) years of age prior to commencement of their term of office with the exception of the Chairperson of the Board. Any member in good standing may be appointed by 2/3 vote of the Board of Directors.

SPECIFIC QUALIFICATIONS

- All nominees for office shall have been a regular member in good standing of this organization for a period of at least three (3) months and one (1) day prior to the end of the fiscal year.
- A nominee may not be a member of the nominating committee subsequent to the October regular membership meeting.
- All nominees for office of **President** shall have held an elected office in this organization for any concurrent six (6) months plus one (1) day prior to the end of the present fiscal year.
- No member with the exception of **Chairperson of the Board** shall be eligible to seek or hold office in any Jaycee Chapter, Region, or State Office while seeking to hold office in the Schaumburg Jaycees without prior approval of two-thirds (2/3) of the Board of Directors of the Schaumburg Jaycees.

Any regular member in good standing may be placed in nomination by a 1st and 2nd motion for any office at the October regular membership meeting by any member in good standing. At the annual election an eligible member may run for an office upon notice of intent to the nominating committee only in the event there is no candidate for a particular office.

Trivia Question

Q. According to legend, what is the color of the horn in the middle of the unicorn's forehead?

A. White at the base, black in the middle and red at the tip.

http://www.triviacountry.com/09_Mythology.htm

October 2011 Bizarre and Unique Holidays

- 1 — World Vegetarian Day
- 3 — Techies Day
- 7 — World Smile Day
- 9 — Moldy Cheese Day
- 11 — It's My Party Day
- 12 — Moment of Frustration Day
- 14 — National Dessert Day
- 17 — Wear Something Gaudy Day
- 21 — National Pumpkin Cheesecake Day
- 22 — National Nut Day
- 24 — National Bologna Day
- 25 — World Pasta Day
- 27 — National Tell a Story Day
- 30 — Mischief Night

<http://holidayinsights.com/moreholidays/october.htm>

So what do you need to do? Ann Stechly will be handling our Election Committee function, as she will be our COB in 2009 and is not running for a board position with the Chapter. Contact Ann and let her know that you are interested in a board position (and which position, too!) You will need to be nominated for the position, and have the nomination seconded, at our GM in October. How the heck do you do that? Talk to two of your fellow Jaycees who will be at the meeting. Ask one to nominate you, and one to second the nomination — it's as easy as that! Of course, if you ask your good pal & they want to make a speech about how GREAT you'd be at the job & just give you a great big warm fuzzy, that's cool too . . . but that's up to you (and your pal, and how much you're willing to pay them! HA!) However all are comfortable nominating is FINE!

(Note — nominations will be open one last time at our November GM, prior to the official vote.)

VOTING

Only regular members in good standing are allowed to vote in the elections. Proxy votes are accepted from regular members in good standing IF submitted in writing to the Election Committee 3 days prior to the vote on November 10th. The nominees for all positions will be published to all regular members via e-mail within one week after the October 13th GM.

(Note — any associate members who would like to get a copy of this listing are welcome to do so — please send a request via e-mail to rtpstuff@yahoo.com. Nominees will also be published in the November edition of the Schaumburg Jaycees Shout Out.)

DUTIES OF THE OFFICERS

The duties of the President shall be as follows:

- a. Supervise and manage the affairs and activities of the organization per the chapter constitution and Roberts Rules of Order.
- b. Represent the organization within the community.
- c. Submit to the membership a proposed calendar for the full year by the 2nd membership meeting of the fiscal year.
- d. Submit to the membership a proposed budget by the 2nd membership meeting of the fiscal year.
- e. Preside and maintain order at all regular and special membership and Board of Directors meetings.
- f. Represent the chapter at state and regional functions.
- g. Supervise and direct the officers in the performance of their duties.
- h. Distribute material of region state, and national, and international mailings.
- i. Serve as a member of all standing committees.
- j. Write an article for each newsletter issue.
- k. Establish a personal acquaintance with all members.
- l. Make an annual report to the membership.
- m. Act as a committee member on all state or regional activities undertaken by this organization.

What does it mean? I think I'm going to leave this one alone — you guys know the President Gig pretty well — questions, drop myself or Ann or Scott or any of our past presidents a note. It means commitment. And fulfillment. And growth. And FUN! (Oh, and recruit new members!)

The duties of the Chapter Management Vice President shall be as follows:

- a. Perform the duties of President in his/her absence.
- b. Serve as a member of all chapter management standing committees.
- c. Write an article for each newsletter issue.
- d. Provide encouragement and assistance for project participation.
- e. Establish and maintain an awards program.

- f. Establish and select chair people for standing committees under this area with approval of the President.
- g. Supervise publication of the monthly newsletter.
- h. Supervise and direct the activities of the Directors assigned to help them.
- i. Coordinate submittals to region and state.
- j. Coordinate the development of the chapter plan and budget.
- k. Attend monthly Board of Directors and General membership meetings.

What does it mean? Helping and assisting the President with paperwork, record keeping, etc. Making sure the newsletter gets published, and helping the rest of the board however needed. Also being involved in and supporting as many member projects as possible — and staying on top of CPG submissions! (My fave, as you know . . .) (Oh, and recruit new members!)

The duties of the Membership Development Vice President shall be as follows:

- a. Supervise membership recruitment orientation, activation, and retention activities.
- b. Provide a current roster of the membership for election.
- c. Write an article for each newsletter issue.
- d. Keep records of membership names, ages and date of membership.
- e. Maintain current newsletter membership mailing lists.
- f. Supervise and direct the activities of the Directors assigned to help them.
- g. Issue dues billings sixty (60) days prior to renewal date.
- h. Implement chapter extensions and reactivation.
- i. Attend monthly Board of Directors and General Membership meetings.

What does it mean? Overseeing activities that help with the growth of our chapter. Being in touch with our members to find out what THEY need, and making sure they stay active and happy — and stay members! Helping to find new resources and avenues that the Chapter can pursue to recruit new members. The more members we have, the more projects we can run, the more friends we can make the more fun we can have. More members mean ALL of us get the MOST out of our Jaycee Experience!

The duties of the Individual Development Vice President shall be as follows:

- a. Serve as a member of all individual development committees.
- b. Provide encouragement and assistance for project participation.
- c. Establish and supervise individual development activities and attain fullest chapter involvement.
- d. Supervise and direct the activities of the Directors assigned to help them.
- e. Establish and select chair people for standing committees under this area with the approval of the President.
- f. Write an article for each newsletter issue.
- g. Attend monthly Board of Directors and General Membership meetings.

What does it mean? Overseeing projects and programs that increase the knowledge and skills of our members. Leadership development, life improvement — continual learning! Learning is GOOD! The more we know, the more effective we are in our daily lives. (Personally, I'd like a time and clutter management crash course 101 . . . anyone? HA!) (Oh, and recruit new members!)

The duties of the Community Development Vice President shall be as follows:

- a. Serve as a member of all community development committees.
- b. Establish and supervise community development programming.
- c. Provide encouragement and assistance for project participation.
- d. Supervise community development activities and attain fullest chapter involvement.
- e. Guide the chapter in developing new community programs and projects.
- f. Write an article for each newsletter issue.

- g. Supervise and direct the activities of the Directors assigned to help them.
- h. Attend monthly Board of Directors and General Membership meetings.
- i. Establish and select chair people for standing committees under this area with the approval of the President.

What does it mean? Community stuff! Yay! Oversee projects that improve the quality of life for people in the community. Oversee fund-raising projects for the community. Also being involved and overseeing projects that affect our community in the government, and at a regional, state, national and international Jaycee level. Don't forget, the Jaycees are an INTERNATIONAL organization. When you think about it, that makes our community the whole WORLD! (Oh, and recruit new members!)

The duties of the Financial Development Vice President shall be as follows:

- a. Serve as a member of all ways and means committees.
- b. Provide encouragement and assistance for project participation.
- c. Establish and supervise ways and means activities and attain fullest chapter involvement.
- d. Guide the chapter in developing new ways and means programs and projects.
- e. Write an article for each newsletter issue.
- f. Supervise and direct the activities of the Directors assigned to help them.
- g. Obtain full statements of project financial status.
- h. Attend monthly Board of Directors and General Membership meetings.

What does it mean? Ok, I'll be honest — we haven't had this position filled since I've been a member, and these duties have traditionally been handled by the board as a whole, and overseen by the Treasurer. So, for more info on this position, if you're interested, I would ask you to talk to Ann Stechly to get additional information. (Oh, and recruit new members!)

The duties of the Secretary shall be as follows:

- a. Keep minutes of all regular and special membership meetings.
- b. Maintain a master draft of the Constitution and By-laws. Incorporate into the master document all amendments so that said master draft shall be a complete text of the Constitution and By-laws as amended.
- c. Supply meeting minutes to newsletter editor.
- d. To generate a board and general membership meeting agenda.
- e. To supply prior meeting minutes for approval at board and general meetings.
- f. Keep a record of all out going correspondences.

What does it mean? Well, once again, we haven't had this position filled since I've been a member. But it would be nice to have! Someone to take minutes at meetings, help with the meeting agendas, send out birthday cards and get well cards & that sort of thing. More info? Once again, I defer you to Ann Stechly! (Oh, and recruit new members!)

The duties of the Treasurer shall be as follows:

- a. Maintain good financial records for the organization.
- b. Prepare a written, monthly report of the financial condition of the organization and make available to the general membership.
- c. Keep records on money owed by or to the organization.
- d. Maintain a list and location of significant tangible chapter assets.
- e. Produce full statements of project financial status.
- f. Supervise all receipts and distribution of funds.
- g. Prepare and file all necessary state and federal tax forms and reports.

What does it mean? Keeping accurate and concise track of our funds, paying all chapter bills in a timely manner, having financial reports available for all projects, fund-raising and otherwise.

Filing taxes and Chapter incorporation paperwork per state and national deadline requirements, and providing an update of our fiscal status at each meeting, including having an accurate balance sheet for reference. Lots of good stuff that is VERY important to the health of the chapter! (Oh, and recruit new members!)

The duties of the State Director shall be as follows:

- a. Inform the membership of State, regional, national and international projects and activities.
- b. Assist and encourage membership participation in state, regional, and national internal activities.
- c. Attend and report on state and regional meetings.
- d. Establish and supervise a program of chapter visitations.
- e. Act as committee member on all state or regional activities undertaken by this organization.
- f. Write an article for each newsletter issue.

What does it mean? Oh, this is a fun one! Learning about what other chapters are doing. Arranging visitation teams from our chapter to go visit other chapters projects to help out. We all get to meet new people then! Also sharing what's going on in our chapter with other chapters – so THEY come help US! Keeping the chapter up to date on what's going on at a State and National level as well. Lots of meeting folks and learning new things — a favorite of mine! (Oh, and recruit new members!)

Each **Local Director** shall be assigned to assist a Vice President with the specific duties within that Vice President's area of responsibility. The assignment will be made on the basis of the individual Local Director's interests. A Chief Director will be selected from the elected Local Directors by the President and approved by the officers during the 1st Board Meeting of the fiscal year. The Chief Director will be responsible for maintaining the Local Directors and will be responsible for maintaining contact lists.

In general, the duties of the Local Directors are:

- a. Encourage and recommend members for projects.
- b. Assist project chair people in development of committees and project planning.
- c. Represent the interests of the Board of Directors in committee activities.
- d. Communicate with assigned members at least once a month.
- e. Whenever possible attend assigned project activities.
- f. Assist in retention of present members.
- g. Encourage new members participation in a project within three (3) months of joining the chapter.
- h. Be responsible for newly assigned member's participation in chapter activities.

What does it mean? Talking to our members. Making phone calls, reminding people of what is going on in the chapter. Reminding people that don't make it to every meeting or project that they are still a member, and valued and needed, and that we miss them! See item 'F' above? Retention of members? Wow — I'd much rather stay a member of an organization that calls me to say hello and see how I'm doing once in awhile. VERY important. I've always thought this is a great position for someone who would like to step up to be on the board, but is still a little hesitant — come get your feet wet, and make a HUGE difference! (Oh, and recruit new members!)

The duties of the Chairperson of the Board shall be as follows:

- a. Committee chairperson for nomination committee.
- b. Committee Chairperson for constitutional review committee.
- c. Committee chairperson for installation banquet.
- d. Provide guidance to current President and Board of Directors.
- e. Whenever possible attend regular membership and board meetings.

What does it mean? Hey, ask Ann again, this is her gig next year . . . I didn't even know the COB had official duties! Golly, I guess Jaycees really DO learn something new every day!!

(Hey, did you notice that every board position has a 'recruit new members' note? Yup, we're ALL in that game together! Regular members, too! Just share your great stories about your Jaycee experience with other people. The more members we have, the more FUN we have and the more we can accomplish together!)

Of course, you can talk to anyone who is on the 2011 board with any questions you may have about any board position. We're all here to help! If all of this sounds a little 'greek' to you - do NOT worry - training WILL be provided! This is a learning organization - you aren't expected to step up to a board position knowing all the ins and outs. You will be supported and you WILL learn all sorts of new things about the organization, but most importantly, about yourself!

Is it time? Are you ready to try something new? Come and learn, come and grow, come and be a leader!! Step up to a board position with the 2012 Schaumburg Jaycees!!

Can't wait to see you . . .

Tami Curran
Schaumburg Jaycees 2011 CMVP

Regional Awards

STATE AWARDS:

Monthly awards:

- THE Outstanding Rookie for the month of June — Barb Pelt
- Runner-Up Jaycee for the month of June — Connie Moy
- Runner Up Rookie for the month of July — Doug Pelt (Pictured Right)
- An Outstanding Jaycee for the month of July — Ashley Sheridan

2nd Trimester Winners:

Projects:

- An Outstanding Way and Means project — Bring Your Appetite
- An Outstanding Business Development Project — CPG Training
- An Outstanding Membership Project — New Member Orientation
- An Outstanding Individual Development Project — Septemberfest Info
- An Outstanding State or National Project — Christmas in July Toy Drive
- Runner-Up Outstanding Membership Project — Billiard M-Night
- THE Outstanding Newsletter — Schaumburg Jaycees Shout Out



Individuals:

- Presidential Pin recipients — Doug Pelt, Connie Moy, Christie Martin
- An Outstanding Jaycee — Emily Michelin

- Runner Up Family — Barb and Doug Pelt (Pictured Right)
- Write up Participant — Jen Sheridan
- Write up Winner — Christie Martin
- Jeopardy Participant — Christie Martin

REGION AWARDS

Monthly Awards:

- Runner Up Rookie for the month of May – Dan Conley
- THE Outstanding Jaycee for the month of June – Connie Moy
- THE Outstanding Rookie for the month of June – Barb Pelt
- An Outstanding Rookie for the month of July – Doug Pelt
- The Runner Up Jaycee for the month of July – Ashley Sheridan
- The Runner Up Rookie for the month of August – Adam Mattson
- An Outstanding Officer for the month of August – Jen Sheridan



2ND TRIMESTER AWARDS

Projects:

- Runner Up Business Project – Bring Your Appetite
- Runner Up Membership Project – Billiards M-Night
- THE Outstanding Newsletter - Shout Out
- THE Outstanding Website – Schaumburg Jaycees

Individuals:

- An Outstanding Jaycee – Emily Michelin
- Runner Up Jaycee – Connie Moy
- Runner Up Family – Barb and Doug Pelt
- Runner Up President – Christie Martin
- THE Outstanding Associate – Sandi Fisher (Pictured Right)



Walking Club

Happy October everyone and I hope you all have a great Halloween! For some extra exercise tag along with the kids while they go trick or treating — just try to limit yourself to two Twix minatures!

Please contact me if you are interested in joining our weekly walks, ginapecoraro@yahoo.com.

Upcoming Event:

Schaumburg Turkey Trot - Saturday, November 26, 2011

Enjoy your last distance event of the season on the relatively flat, scenic, USATF certified paved course. There is also a 5k Run/Walk for those who want to participate in something a bit shorter. The course is conveniently located just off the Rt 53 and I-90 Interchange.

This event helps to raise funds for Special Olympics IL.

Let me know if you are interested in participating. I will be doing the half marathon but it would be great if we could get a group of 5K participants as well!

http://allcommunityevents.com/half_marathon_trot/shmtt_information.html

6 Ways to Burn Fat Faster (No Running Needed!)

By RealAge

1. Go up (and down).

Do 15 minutes of a 35-minute walk on hills, not flat ground, and you'll burn close to 100 extra calories, according to walking guru Mark Fenton, author of *The Complete Guide to Walking: For Health, Weight Loss, and Fitness*. Not only will walking up and down hills burn more calories, but it can also help sculpt your butt. If you're on a treadmill, hike your incline 15% for 15 minutes of your walk (break it up by raising the incline for a few minutes, then lowering it, then putting it back up again).

2. Make it a game.

Really pick up the pace for 30 seconds every time you see a dog, a mailbox, a red car, or someone sipping coffee. Making a game of it can keep your walks more interesting and make you faster over time. Every time you speed up, you'll burn more calories. Then, let your pace go back to normal (but no slower than that) while you catch your breath. Tip: When you put on your short bursts of speed, make sure that your steps are faster, but not smaller. Next week, try making the faster parts 5 seconds longer. Keep at it.

3. Get (a little) speedy.

If you're walking 20-minute miles, make it your goal this week to do one 19-minute mile each time you walk. Even if you go faster for just 1 mile of your 3-mile circuit, you're making progress. Work up to 19 minutes for each mile of your workout. Once you can do that, try doing 1 mile at 18 minutes.

4. Do 5 minutes more, here and there.

This week, either add 5 minutes to three walks, or add a 15-minute mile to one walk. Your choice. If you weigh 150 pounds, that small investment of time can nix almost 90 additional calories (those are the chocolate kisses you ate last night). Take a longer loop back home, or reset your treadmill timer. Just keep up the pace; if you walk slower when you walk longer, your additional calorie burn won't add up to much — if it moves the needle at all.

5. Add music.

In one study, people who worked out to up-tempo tunes covered 11% more ground — without even feeling like they did anything extra. So try walking to music with a makes-you-want-to-move beat (see *Music to Walk With* for ideas) — it can give you that lift you need to walk a little faster. Anyone ready for "Rock That Body" by the Black Eyed Peas?

6. Go Nordic.

You can burn 20% more calories just by adding springy fitness poles to your walks — you know, those long poles you see some walkers using that look like they were borrowed from Nordic skiers. Even though you're doing more when you use poles (working your arms, walking taller), your workout might actually feel easier, as the poles help propel you forward.

<http://www.realage.com/shape-up-slim-down/walking/burn-fat-walking?click=pp4-3?click=pp>

Gina (Warrior Dash -pictured right!)



The Who's Who of the Schaumburg Jaycees

Christie Martin	Chapter President	christiemartin820@gmail.com
Tami Curran	Chapter Management	rtpstuff@yahoo.com
Sandi Fisher	Treasurer	sandifisher@gmail.com
Jennifer Sheridan	COB	jennifers1033@att.net
Gina Pecoraro	Chapter Webmaster/Newsletter	ginapecoraro@yahoo.com

Who are the Jaycees?

The Schaumburg Jaycees, a chapter of the United States Junior Chamber, is a leadership training organization that gives young people between the ages of 18 and 40 the tools they need to build the bridges of success for themselves in the areas of business development, management skills, individual training, community service, and international connections.

The Jaycee Creed

We believe... that faith in God gives meaning and purpose to human life;
 that the brotherhood of man transcends the sovereignty of nations;
 that economic justice can best be won by free men through free enterprise;
 that government should be of laws rather than of men;
 that earth's great treasure lies in human personality;
 and that service to humanity is **THE BEST WORK OF LIFE!**

